

15th Annual Chili Cookoff was a success!

The 15th Annual Chili Cookoff was amazing! We had 18 entries and some awesome prizes with wood-engraved cutting boards and spoons. Congratulations to our winners:

Grand Champion — Sadie Porter 1st Place "Mild" — Dawn Hacker 2nd Place "Mild" — Robin Kemper 3rd Place "Mild" — Debbie Hubbard 1st Place "Medium" — Annette Keller 2nd Place "Medium" — Hadley Timmons 3rd Place "Medium" — Dakota Hubbard 1st Place "Spicy" — Charlie Stowe 2nd Place "Spicy" — Karen Allen 3rd Place "Spicy" — Ronnie Fields Best Appearance — Dakota Hubbard Youth Champion — Gabby Bench 1st Place Non-Traditional — Sadie Porter Crowd Favorite — Jeromé Fogle Most Unique — Robin Kemper



Thank you to our judges: Zach Allen, Bill Bowles, Andy Hacker, Bill Mahan, and Corey Timmons. Thanks to everyone who attended and brought side items. Thanks to our Connections Team for doing all the behind-the-scenes work! It was a great way to start the New Year!



Our monthly Cookie Delivery Team is looking for a few people to help! They deliver cookies each month to homebound people and those just needing an extra bit of cheer. This month's delivery will be on Friday, Jan. 19 and they will meet at 9 a.m. at the church to assemble the cookies onto plates and then divide up the deliveries. The team is looking for two more people to help deliver cookies. The group meets at the church and divides up the plates of cookies and the list for delivery. Each route has 4-5 stops.

We are also in need of some people to bake cookies and bring them to the church. We need 2-3 people to make two-dozen cookies each. Cookies can be dropped off on Wednesday, Jan. 17 or Thursday, Jan. 19 at the church between 8 a.m. -3:30 p.m. We ask that you not put any nuts in the cookies due to allergies.

If you can be a part of this team by delivering or baking, please contact Bonita Johnston (405-623-7183) or Karen Allen (405-615-2240).also need

🛑 Kid Min Minute 🔶



Kidventure is just around the corner and we hope that your 5-yearold through 6th grader can join us every Wednesday starting Jan. 24 to wonder about what makes us wonder. We will talk about what sparks our curiosity and what makes us want to explore, discover, and experiment. Kids are naturally curious and at Kidventure we will learn how to harness our curiosity to hear about the God who made us! When we are curious about who God is, it's easy to find ways to make our relationship with God who created it all! We will hear from early church leaders like Paul, Peter, John, and Timothy, who helped the first Jesus-followers wonder what made their stories unique, what gifts God gave them, how they used those gifts to serve, what they could learn from others and how they could spend time with Be on the lookout for sign-ups, the link will be sent out this God. Kids have to be signed up to be able to come and all week. registrations are due by Jan. 21. We will meet every Wednesday from 3:30 to 5 p.m., with our last spring Kidventure being March 13.

Young Adults Gather

All Young Adults in their 20s are invited to join us Mon., Jan. 15 at 6 p.m. in the FCC Parlor (enter at west door). Bring your own dinner and join us for fellowship!

Prayer Requests

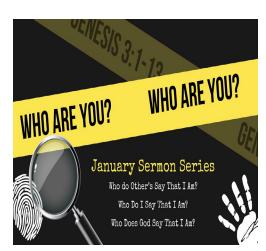
We pray for our church family: Keith Young (hospitalized), Joan Dreessen (hospitalized), Barbara Mahan, Tom Hudson, Maxine Ball, Deannie Young, Mike Carey, Rodney Stewart, Bill Bowles, Gerald Whitfield, Jennifer Bounds, Gene Owen, Denise Shoun, Marie Lynch, Dennis Lynch, Steve Ochs, Carl Biggs

Our church family currently in rehab, assisted living, or nursing home: Bill Cunningham, John Riddle, Glennette Meredith, Elmina Lynch, Cynthia Baker, Mickey Eckley, Dorothy Smith

We pray for our friends and family members: Jacob Carey, Sharon Russell, Camden Zehall, Cooper Lawson, Cathy Carter, Rosalee Martin, Barb & Kara Sawyer, Renee Leathers, Crystal Grilley, Don Channel, Mike Brown, John Timmons, Linda Beedle, Charlotte Cascio, Teal Esmeyer, Hendrix Beutler, Tonya Stansbury, Dennis and Norma Kelley, Mike London, Sam Porter, James Stowe, Mike Bell, Jodie Flurry, JD Inda, Woody Green, Gary Kragh, Blake Alaniz, Tonya Dawn McCullock, David Brown, Susie Ellison, Mary Wheeler, Penelope Ivey, Teresa May, Elsie Steinbeck

And our military all over the world: Sonny Crick, Court Machtolff, Bonnie Epperson, Jonah Friese, T.J. Wilson, Matt Byce, Braxton Canning, Nate Ames

FCC Attendance January 7 – 172 Average Dec. Attendance – 180





Mark 1:4–11 Psalm 29

WEEK 1

I can listen to God's voice. John 1:43–51 Psalm 139:13–18

WEEK 2

I can trust Jesus knows me. Mark 1:14–20 Psalm 62:5–12

WEEK 3

I can trust God's

Matthew 9:9-13 Psalm 111 WEEK 4

I can include people who aren't like me.

what can I do?

"I can do all this through him who gives me strength." Philippians 4:13 (NIV)





I can do all this through him who gives me strength.

Philippians 4:13 (NIV)



Youth Nights! 1/10 Wed. 6-7:30 Youth 1/14 Sun. 11:30-1



SUNDAY: We began our series, What Can I Do?

Scripture: Mark 1:4-11.

Discussion: John the Baptist was given a very important job before he was even born! He was going to tell everyone he met that a savior was coming to save them from their sins. John's life was very different from others — I'm sure some people even thought he was strange. But his main focus was on doing what God had planned for him to do. Instead of paying attention to what anyone else said, he listened to God's voice and did his job of preparing people for Jesus.

He baptized people in the river to help them understand that living a new life with God meant their old lives were "washed away" in the water. Then one day, Jesus showed up to be baptized by John! When Jesus came up out of the water, God's voice could be heard saying that Jesus was indeed God's son and God was very pleased with him. John knew that he had been doing the right job all along. Because of what he heard from God, he continued to tell others about Jesus, who came to be the savior of the world.

Scripture: *Psalm 29*

Discussion: How cool would it be if, you left today and saw the clouds part then heard God's voice speaking to you? I wonder what God's voice really sounds like? During Youth Extra we added 4 things that we think God's voice might sound like... God's voice might not be an audible voice that literally echoes over the water with a bolt of lightning, but it is present. In our journals, we added 4 ways we might hear God speaking to us (ex: through the Bible, the people who help us follow God, and sometimes, even the wonders of nature!

SCRIPTURE QUESTIONS

Who was sent to prepare the way for Jesus? (John the Baptist.)

Why did Jesus come to see John? (To be baptized.)
What did God's voice say when Jesus was baptized? ("You are my Son, whom I love; with you I am well pleased.")
Read Psalm 29:3–9. What are some ways the psalmist describes the "voice of the Lord"? (It is over the waters, powerful, majestic, breaks the cedars, strikes with flashes of lightning, shakes the desert, twists the oaks, strips the forests bare.)

APPLICATION QUESTIONS

What does it mean to listen to God's voice? What are some ways that God speaks? Who are the voices you can listen to that help you know what God is saying to you?

Dinner Group Signups for February-May!

It's time to shuffle and re-sign up for Small Dinner Groups. Our last groups ended in December with more than 60 of you participating. We hope to continue to grow this ministry. On Sunday, there will be a sign-up in the entryway. We will do it a little different this time and let you choose the group you want to be in based on your preferences. Groups will be listed by type of group — restaurants, in-home, at the church — as well as preference for with or without children and whether you prefer meeting on a particular night of the week or weekend. We encourage you to round up some people you know and those you don't know and create a group. We will also be adding in a weekly Bible Study group that has dinners once a month, so if you are interested in this type of group, it will be available as well. The groups will meet three times over the course of four months (Feb-May). Then, we will break for June and July and shuffle again in August.



January

- 10 Elders Meeting 6 p.m.
- 10 Youth Nights 6
- 14 Youth Meeting 11:30 a.m.
- 14 Christian Ed Team Meeting 11:30 a.m.
- 14 Outreach Team Meeting 11:30 a.m.
- 15 Young Adults Gathering 6 p.m.
- 19 Cookie Deliveries
- 21 Donut Sunday 10 a.m.
- 21 Laity Sunday 10:30 a.m.
- 21 Worship Team Meeting 11:30 a.m.
- 21 Youth Meeting 11:30 a.m.
- 22 Staff Meeting & Lunch 11 a.m.
- 22 Newsletter articles due by Noon
- 24 Kidventure resumes 3:30 p.m.
- 24 Youth Nights 6 p.m.
- 26 LifeLine Screenings 8:30 a.m.
- 28 Loose Change Sunday benefitting cookie ministry
- 28 Youth Meeting 11:30 a.m.
- 31 Kidventure 3:30 p.m.

Mark Your Calendar Eebruary

- 4 1st Sunday Luncheon following worship
- 4 FCC Leadership Planning Retreat 12:30 p.m.
- 5 Connections Team Meeting 5:30 p.m.
- 7 Kidventure 3:30 p.m.
- 14 Kidventure 3:30 p.m.
- 14 Ash Wednesday Service 6 p.m.
- 14 Elders Meeting 6:45 p.m.
- 18 Donut Sunday 10 a.m.
- 18 Worship Team Meeting 11:30 a.m.
- 21 Kidventure 3:30 p.m.
- 25 Loose Change Offering benefitting Week of Compassion
- 28 Kidventure 3:30 p.m.
- 29 LEAP DAY!





Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 4 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.¹

Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, stroke, and heart failure, which is a life-threatening medical emergency.

Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, and other heart-related complications.²

We will be in your neighborhood soon Fri., January 26, 2024

First Christian Church (DOC) 402 E Noble Ave Guthrie, OK 73044

Get your special Community Circle pricing! Three ways to register and receive the special discount: Call toll-free: 1-800-679-5191 **Online:** LLSA.SOCIAL/HC Text: the word circle to 216-279-1607



Scan here



Getting Screened is Simple! Painless, non-invasive, keep your clothes on.



https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad

No single screening can detect all risk factors for all condictions, such as and including the presence of coronary artery disease.

² https://www.heart.org/en/health-topics/atrial-fibillat i on

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriatea modifiction of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does notefil insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.

DIG IN to the Word...Bible Study with us!

We have an ongoing group of people who do Bible studies together on the YouVersion Bible app. If you want to join the group and discussion, download the app, send a friend request to Karen Allen and she will invite you to each study.

Join us on the You Version Bible App!

| Date | YouVersion Plan | ding Plan - Length of Plan | | Date | YouVersion Plan | Length of Plan |
|--------|--|-------------------------------|---|--------|-----------------------------------|----------------|
| 1-Jan | Living Changed: In the New Year | 4 Days | ſ | 31-Jan | Who are you and why are you here? | 5 Days |
| | Living Changed: In the New Year | 4 Days | Ī | 1-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 3-Jan | Living Changed: In the New Year | 4 Days | | 2-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 4-Jan | Living Changed: In the New Year | 4 Days | | 3-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 5-Jan | Identity: Who are you? | 6 Days | | 4-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 6-Jan | Identity: Who are you? | 6 Days | | 5-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 7-Jan | Identity: Who are you? | 6 Days | | 6-Feb | "Do Not Be Anxious" But How? | 6 Days |
| 8-Jan | Identity: Who are you? | 6 Days | | 7-Feb | 7-Day Reset | 7 Days |
| 9-Jan | Identity: Who are you? | 6 Days | | 8-Feb | 7-Day Reset | 7 Days |
| 10-Jan | Identity: Who are you? | 6 Days | | 9-Feb | 7-Day Reset | 7 Days |
| 11-Jan | Who Do You Think You Are? | 5 Days | | 10-Feb | 7-Day Reset | 7 Days |
| 12-Jan | Who Do You Think You Are? | 5 Days | | 11-Feb | 7-Day Reset | 7 Days |
| 13-Jan | Who Do You Think You Are? | 5 Days | | 12-Feb | 7-Day Reset | 7 Days |
| 14-Jan | Who Do You Think You Are? | 5 Days | | 13-Feb | 7-Day Reset | 7 Days |
| 15-Jan | Who Do You Think You Are? | 5 Days | | 14-Feb | In Our Place: Lenten Devotions | 14 Days |
| 16-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 15-Feb | In Our Place: Lenten Devotions | 14 Days |
| 17-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 16-Feb | In Our Place: Lenten Devotions | 14 Days |
| 18-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 17-Feb | In Our Place: Lenten Devotions | 14 Days |
| 19-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 18-Feb | In Our Place: Lenten Devotions | 14 Days |
| 20-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 19-Feb | In Our Place: Lenten Devotions | 14 Days |
| 21-Jan | Who Me? Make Disciples? How God has equipped You | 6 Days | | 20-Feb | In Our Place: Lenten Devotions | 14 Days |
| 22-Jan | Embrace Who You Are: Loving How God Made You | 5 Days | | 21-Feb | In Our Place: Lenten Devotions | 14 Days |
| 23-Jan | Embrace Who You Are: Loving How God Made You | 5 Days | | 22-Feb | In Our Place: Lenten Devotions | 14 Days |
| 24-Jan | Embrace Who You Are: Loving How God Made You | 5 Days | | 23-Feb | In Our Place: Lenten Devotions | 14 Days |
| 25-Jan | Embrace Who You Are: Loving How God Made You | 5 Days | | 24-Feb | In Our Place: Lenten Devotions | 14 Days |
| 26-Jan | Embrace Who You Are: Loving How God Made You | 5 Days | | 25-Feb | In Our Place: Lenten Devotions | 14 Days |
| 27-Jan | Who are you and why are you here? | 5 Days | | 26-Feb | In Our Place: Lenten Devotions | 14 Days |
| 28-Jan | Who are you and why are you here? | 5 Days | | 27-Feb | In Our Place: Lenten Devotions | 14 Days |
| 29-Jan | Who are you and why are you here? | 5 Days | | 28-Feb | Peace is a Person | 5 days |

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https://www.youversion.com/

If you have an iPhone



If you have an Android (all other phones)



Play Store

- 1. Once you download the app, create a user profile
- 2. Send a "friend request" to Karen Allen
- Karen will accept it and begin sending you invites to each study. You can choose to join a study or wait for the next invite.

