

Week 9 of Parenting we tackled the tough issue of **Discipline!** It was over a week ago, so I thought I'd give you a week to let it settle in and see how it went. (or, maybe I just got a little behind last week and didn't get the notes out... I'll let you decide!)

We didn't meet this past Sunday because there was a special "*Cinnamon Rolls and Surveys*" session, where we met as a church family at 9:30 a.m. to roll out a special survey our Facilities Planning Team is collecting. We are hoping each of you will take a few minutes to complete the **10-question survey** that gives us some feedback on how you see our current church facility as we try to determine where we are and where we could go in our next steps for planning for our church facilities' future.

The survey link is....

[https://www.surveymonkey.com/r/FCC\\_Facilities\\_Survey](https://www.surveymonkey.com/r/FCC_Facilities_Survey)

I hope you will take time to complete it as we value your input!

Okay, not to get off track... here are some notes from the "**Discipline**" Study we shared on April 10.

One thing we all agree on: We want our kids to be well-behaved!

Are you training your child UP or training them DOWN? Do you train them DOWN by thinking for them, doing their chores, speaking on their behalf, doing their homework, answering the questions other people are asking them, etc.

Training a child UP means teaching them to *think for themselves, helping them reason things out, make their own decisions, explain their actions, let them answer questions, achieve good results on their own!* Training kids UP reflects parental confidence. Training kids DOWN reflects parental insecurity.

If you find yourself in a constant power struggle with your child, remind yourself of Ephesians 6, which teaches "*God has placed YOU in authority over the child, not the child over you.*" You have to draw the lines of authority in as many places as possible and "right the ship." Dr. Leman shared that he's written a book called "*Parenting the Powerful Child.*"

Some reasons kids misbehave:

- They want attention
- They like to be in control (powerful kid)
- They are revengeful.

**Want to see Discipline Work in your Home...**

- Listen to each other
- Be specific with encouragement "Large Doses of Vitamin E (Encouragement)"

- Don't use threatening language
- Keep the home environment comfortable (We don't hang out with people we aren't comfortable with. Make home a place the kids want to be.)
- Model forgiveness
- Make them feel like you're the best and most loyal person they have in their life. (You'd fight for them. They can trust you even if they've messed up; you have their back.)
- Hold kids accountable for the things they do in life. Learn from experience to do the right thing. (You aren't looking for perfection. You just want them to grow up knowing it's best to do what's right.)

The scripture for the week was: Proverbs 22:6 — *“Train up a child in the way he should go, and when he is old, he will not depart from it.”*

This week is our final week of our 10-week parenting session. Even if you haven't been to any others, I hope you will join us one last week. For those who have been coming, I look forward to seeing you again!

We will look at: *“The 10 Best Gifts You'll Ever Give Your Kids.”* I look forward to this lesson and the ideas Dr. Leman will share. We will also go back and look at what have been your successes and what have been your most challenging moments over the past 11 weeks! I can't wait to hear your stories. We will have breakfast foods ready at 9:30 a.m. and the video starts at that time. There is childcare for nursery-age and Sunday School for children ages 4 years and older.

Again, if you haven't filled out our facility survey, please take a moment to do that as well...

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